



# MANGALORE UNIVERSITY DEPARTMENT OF PHYSICAL EDUCATION



## NATIONAL SPORTS DAY AUGUST 29, 2022

*Commemorated on the occasion  
of Birth Anniversary  
of Major Dhyhan Chand Singh*



### SPECIAL EVENTS

Walk for Fitness around  
the campus

Aerobic dance workout led  
by Physical Education  
students

ROAD RACE FOR CAMPUS STUDENTS  
CATEGORIES

- Physical Education students - Men and Women
  - Non Physical Education Students - Men and Women
- Cash prizes for the first three places

Venue : Mangala Auditorium

Time : 7 am

# MANGALORE UNIVERSITY

## DEPARTMENT OF PHYSICAL EDUCATION



Welcomes you to participate in the National Sports Day Celebration on August 29, 2022 at 7 a.m. in the Mangala Auditorium premises.

### Chief Guest

Dr. Kishore Kumar C K, Registrar, Mangalore University

### Guest of Honour

Dr. Y Muniraju, Dean, Faculty of Commerce, Mangalore University

### Programme Highlights

- Homage to Major Dhyan Chand
- Road Race for men and women (5k / 2.5k)
- Walk for Health and Fitness
- Honouring University sports representatives
- Aerobic Dance workout after the race







**MANGALORE UNIVERSITY**  
**DEPARTMENT OF PHYSICAL EDUCATION**  
**NATIONAL SPORTS DAY**  
**AUGUST 29, 2022**

**“Hard days are the best because those are the days when champions are made.”**

**Happy National Sports Day!**





HAPPY

NATIONAL

SPORTS

DAY

MANGALORE UNIVERSITY  
DEPARTMENT OF PHYSICAL EDUCATION



August 29  
Birth Anniversary of  
Major Dhyhan Chand

