



Celebration of 8th International Day of Yoga - 2022

NATIONAL SEMINAR ON YOGA

(in Hybrid Mode)

on 9th & 10th June, 2022

| Organized by |



Department of Human Consciousness & Yogic Sciences

and

Dharmanidhi Yogapeetha

MANGALORE UNIVERSITY

Mangalagangothri, Karnataka - 574 199.

| In collaboration with |

UGC & IUC

Inter University Center for Yogic Science, Bangalore.

Yoga for Harmony & Peace

About the University :

Mangalore University campus at Mangalagangothri, located about 20 km to the south-east of the historic coastal town of Mangalore, sets the tone for the educational endeavors of the three districts under the jurisdiction of the University. It is a picturesque campus that sprawls over 333 acres, overlooking the confluence of the river Nethravathi with the Arabian Sea on the one side, and the cloud-capped Western Ghats on the other. It grew out of a modest post-graduate center of the University of Mysore to become the focal point of an independent University in 1980. The campus, has 26 postgraduate departments, supported by modern infrastructure and experienced faculty.

About the Department :

Department of Human Consciousness and Yogic Sciences is unique being first in the country to offer two years master's degree programme (M.Sc.) in Yogic Sciences since 1998, with specializations in 1. Yoga therapy 2. Yoga spirituality. To spread the value-based knowledge of Yogic science, Namely Teaching, Therapy and research in Yoga, with its contribution in human resource development and capacity building with basic principles, underlying mechanisms and application potential of yoga practices. The department with the full-fledged teaching and research center will provide an opportunity to scholars to work in this area of nation's rich heritage.

About the programme :

Declaration of June 21st as International Day of Yoga by UNO has been embraced by every corner of the world and its still expanding popularity and participation by all class of people have been proving the necessity of Yoga to the world. At this juncture being the mother land, where this great science of all time has flourished, has a key role in safeguarding and promoting its essence of originality of both practical as well as theoretical understating and their application. As a step forward to full fill this responsibility, our department is organizing Two days National seminar on Yoga in hybrid mode. The seminar will be focused on research, therapy and study of classical texts.

Theme : Yoga and Health

Sub Themes:

1. Yoga Therapy
2. Yoga traditions for health
3. Yoga Research
4. Yoga for Holistic Health
5. Health applications in Upanishads
6. Yoga and Common Ailments
7. Yogic health management systems in Upanishads
8. Yoga for skill development

Call for Abstract/Papers

Department of Human Consciousness & Yogic Sciences call for papers from academicians, research scholars, scientists, practitioners from universities across the nation. They are called to share their research paper, original article, review paper and conceptual paper in the seminar.

Abstract & Paper submission guidelines

- An abstract of 200-250 words and with 1.5 line spacing in MS word should be Emailed to **hcyogicscience@gmail.com**
- Last date for sending the abstract / paper is 5th June, 2022. Papers will be selected through the peer review process. Selected presenters will be intimated through Email.

Registration fee (Hybrid Mode)

Teachers and Professionals : ₹ 500 /-
Students/ Research Scholars : ₹ 250 /-

Account Details

A/c Holder's Name: Chairman
Dept. H.C. & Y.Sc. M.U.
Name of Bank: State Bank of India
Branch Name : Mangalagangothri
Bank Account No.: 10094967495
IFSC Code No.: SBIN 0008034

Link for Registration

<https://forms.gle/3MtuTnxENWQz4ymV9>

For more information, please contact :

Joint Organizing Secretaries

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Schedule

Day 1 (9-06-2022)	
Inaugural Session	10.00AM - 11.15AM
Tea Break	
Session 1	11.30AM - 1.00PM
Lunch Break	
Session 2	2.00PM - 3.20PM
Tea Break	
Session 3	3.35PM - 5.00PM
Day 2 (10-06-2022)	
Session 1	10.00AM - 11.20AM
Tea Break	
Session 2	11.30AM - 1.00PM (Paper presentation)
Lunch Break	
Session 3	2.00PM - 3.45PM
Tea Break	
Valedictory	4.00PM - 5.00PM

Expected Speakers

- Dr. Sanjeeb Patra, H.O.D & Asso. Prof., Central University of Rajasthan. Rajasthan.
- Dr. Kamakhya Kumar, H.O.D & Asso. Prof., Uttarakhand Sanskrit University, Haridwar
- Shri Jayarami Reddy, Yoga Expert, Hyderabad.
- Dr. D. Jyothi, Asso. Prof., National Sanskrit University, Thirupati.
- Dr. Ramachandra Kamath, Asso. Prof., KIMS, Madikeri.
- Dr. K. Ganesh Bhat, Director, Yogavidya Therapy Centre, Mangalore.
- Dr. Shashikanth Jain, Asso. Prof., SDM CNYS,Ujire.
- Dr. Prsanna Hegde, Director, Shri Krishna Yoga & Counselling Centre, Karkala.
- Dr. Govardhan Reddy, Asso. Prof., MAHE., Manipal.
- Dr. Guru Deo, Asst. Prof., MDNIY, New Delhi.
- Dr. Ajithesha N.H., Lecturer, University College, Mangalore.
- Dr. Shrihari Suresh, Central University of Kerala, Kasaragod.
- Dr. Dhanesh, Asst. Prof., Central Sanskrit University, Guruvayuru Campus, Thrissur.

CHIEF PATRON

Prof. P. S. Yedapadithaya
Hon'ble Vice-Chancellor
Mangalore University

PATRON

Dr. Kishore Kumar C. K.
Registrar
Mangalore University

ORGANISING SECRETARY

Dr. K. Krishna Sharma
Professor and Chairman
Dept. of HC&YS, Mangalore University

