

**CONTINUING MEDICAL
EDUCATION PROGRAMME
ON YOGA THERAPY
FOR YOGA TEACHER/THERAPISTS**

Organised by



**Department of Human Consciousness and
Yogic Sciences,
Mangalore University, Mangalagangothri,
Karnataka -574199.**

Sponsored by



**Rashtriya Ayurveda Vidyapeeth,
(An autonomous organisation under
Ministry of AYUSH, Govt. of India)**

**June 30th to July 5th, 2022
(06 days)**

Venue

Department of Human Consciousness &
Yogic Sciences,
Mangalore University,
Mangalagangothri, Karnataka- 574 199.

About the University & Department

Mangalore University campus at Mangalagangothri, located about 20 km to the south-east of the historic coastal town of Mangaluru in Karnataka. It is a picturesque campus that sprawls over 333 acres, overlooking the confluence of the river Nethravathi with the Arabian Sea on the one side, and the cloud-capped Western Ghats on the other. The University campus is a self-contained facility that provides all the essential facilities and infrastructure for the pursuit of excellence in higher education.

Department of Human Consciousness and Yogic Sciences is unique being first in the country to offer two years master's degree programme (M.Sc.) in Yogic Sciences since 1998, with specializations in 1. Yoga therapy 2. Yoga spirituality. To spread the value-based knowledge of Yogic science, Namely Teaching, Therapy and research in Yoga, with its contribution in human resource development and capacity building with basic principles, underlying mechanisms and application potential of yoga practices. The department with the full fledged teaching and research center will provide an opportunity to scholars to work in this area of nation's rich heritage.

About the programme:

The department is going to organize six days Continuing Medical Education Programme on Yoga therapy For Yoga Teacher/therapists, which is sponsored by Rashtriya Ayurveda Vidyapeeth, (An autonomous organisation under Ministry of AYUSH, Govt. of India) from 30th June to 05th July, 2022.

Highlights of the programs:

- Basis and basics of Yoga therapy.
- Clinical evidence of Yoga therapy.
- Therapeutical applications of yoga in health and disease.
- Yoga therapy for Psychosomatic diseases.
- Diet in Yoga therapy.
- Yogic principles & Practices for healthy living.

Eligibility:

❖ Yoga Teachers/Lecturers, Yoga Therapists, Assistant Professors, Associate Professors, Yoga instructors, Junior level Yoga research scientists working in the universities, colleges and institutes of national repute.

Application Procedure:

The application forms should be duly filled by the candidate and forwarded by Head of the College/institute/University.

Application forms should reach the department on or before 10th June, 2022. However the candidate may send their application through e-mail to ysdeptmu@gmail.com, organizer as an advance copy but their candidature will be considered after receiving the properly filled application form (Hard copy) and forwarded by the Head of the institute/college. After completion of the CME, the participants will be reimbursed with the actual fare (up to rail fare of AC 3 tier) on production of original ticket of onward journey and Xerox tickets of return Journey as per the of RAV CME norms.. The participants will be provided with moderate hospitality.

Intake Capacity :

The maximum intake capacity is Thirty (30) Participants according to the RAV CME norms.

Registration fees :

There is no registration fee for attending the CONTINUING MEDICAL EDUCATION PROGRAMME

Accommodation and travel Allowance :

- ❖ Accommodation will be provided for outstation participants.
- ❖ Food will be provided on all the six days of the workshop.
- ❖ Actual fare or up to the rail fare of AC 3 tier class whichever less of shortest routes for outstation candidates as per RAV CME norms (Reimbursement to be made on the submission of the original tickets).

Important dates:

Last date for Submission of application via email:	- 7 th June 2022
Last date for Submission of application of hard copy:	- 10 th June 2022
Notification for selected candidates by email:	- 11 th June 2022
Confirmation of participation by the applicants:	- 13 th June 2022

Course Date: - 30th June to 5th the July 2022

Certificate of Participation :

CME participation certificate will be provided for the successful candidates.

For Further details, please contact:

Dr. K. Krishna Sharma
Professor and Chairman,
Department of Human Consciousness &
Yogic Sciences, Mangalore University,
Mangalagangothri, Karnataka- 574 199.
E-mail: ysdeptmu@gmail.com
Dr. Rashmitha : +91 9148094387
Mr. Vinayaka Krishna : +91 7204287009

- Kindly note that your application is not a confirmation of your registration. If you get selected, the Institute will send you a confirmation email regarding your registration. Accordingly you are advised to book your ticket etc.

Location:

Department of Human Consciousness &
Yogic Sciences, Mangalore University,
Mangalagangothri, Karnataka- 574 199.



Department of Human Consciousness &
Yogic Sciences, Mangalore University,
Mangalagangothri- 574 199

APPLICATION FORM

Sr. No.....

For enrollment to

Affix attested
recent passport
Size photograph

Continuing Medical Education (06 day) for Yoga Teachers/Therapists

1. Name (in capital letters) : _____
2. Father's / Husband's Name : _____
3. Mother's Name : _____
4. Date of Birth : _____
5. Age as on 10th June 2022 : ____ Years. ____ Months ____ Days__
6. Sex (M/F) : _____
7. Nationality : _____
8. Aadhar No (Attach Copy) : _____
9. Present Post hold : _____
10. Name of the Univ./College/
Institute : _____
11. Last CME attended on (Date & Subject) : _____
12. Total CME attended : _____
13. Marital Status : _____
14. Blood Group : _____
15. Complete Correspondence Address : _____
(Along with postal pin code) _____
16. Permanent Address : _____

17. Mobile No.(Preferably Whatsapp) :
18. Email address (in capital letters) :

19. Details of Educational Qualification: please enclose self-attested photocopies of the certificates.
(From Graduation and above)

Name of the Passed Exam	Board / Univ.	Year of Passing	Division & % of marks	Subjects

UNDERTAKING

"I _____ undertake that the information provided by me is correct to be best of my knowledge and I have not concealed any relevant information. If the information provided by me is found false/inaccurate at any stage, I will be liable for disciplinary action (as the case may be) and recovery of fund spent against me if any"

Date:
Place:

Signature of the Candidate

ENDORSEMENT BY COMPETENT AUTHORITY

This is certified that Mr/Miss/Mrs/Dr..... is working as.....
..... in this University/College/Institute/Hospital/Therapy Center. He/She is permitted to attend the Continuing Medical Education (06 days) for Yoga teachers/Therapists conducted by Department of Human Consciousness & Yogic Sciences, Mangalore University.

Date:
Place:

Signature with Seal

(HOD for Universities, Principals for Colleges, Director for Institutes)

INSTRUCTIONS

1. Application should be submitted at Department of Human Consciousness & Yogic Sciences, Mangalore University, Mangalagangothri 574 199.
 2. Attach Aadhar card, Educational qualification certificates (self attested), Two passport size photographs (name behind).
 3. Candidate will have to abide by the rules and regulations of the Institute while undertaking the programme.
 4. Mere applying for the programme shall not confer any right upon the candidate to be selected.
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(FOR OFFICE USE ONLY)

Selected / Not Selected

Enrolment No.....

Date.....